

Heart of an Athlete: Caroline Smith

Florida State University sophomore Caroline Smith made an immediate splash with the Seminole swimming team when, as a freshman, she set the school record in the 500-yard freestyle. Even more impressive was the fact that she did so while turning in a stellar classroom performance, earning ACC Honor Roll honors and a 4.0 GPA. Still, as member of FSU's FCA leadership team, Smith knows the records and honors are blessings from the Lord, whom she joyfully worships both in and out of the pool.

Bible Reference:

Philippians 4



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