

A Redskin's Resilience

This was not good.

Training camp was less than a month away, and Reed Doughty's right hand resembled one of those oversized "We're No. 1" foam fingers.

Last June, the Washington Redskins' safety arrived as the keynote speaker at the Metro Maryland FCA Power Camp in Gaithersburg, Md., with a heavily bandaged hand that kept his index finger perpetually extended. A day earlier while weightlifting, he had pinched his finger between two dumbbells.



Fellowship of Christian Athletes © 2019
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL: <http://fcaresources.com/article/redskins-resilience>