

## Coaching Points

11 Sports discussions from the book of Titus

Topics Include relationships, leadership, overcoming obstacles, and confidence.

### **Coaching Relationships ? Titus 1:1-4**

- Read the text aloud
- Discussion Questions:
  - How does Paul describe himself in verse 1? What might be coaching equivalents to such descriptions?
  - What seems to be Paul's #1 focus for life?
  - How would you describe your life's calling?
  - How does Paul describe his relationship with Titus?
  - With whom do you have a similar relationship in coaching? How do you serve as an apostle or a mentor to him or her?

3. Summary:

- Be intentional about your life's calling ? your vocation.
- Be intentional about building your relationships with those who have been your mentor(s) and with those for whom you may be a mentor.

### **Coaching to Build Leadership ? Titus 1:5-9**

- Read the text aloud
- Discussion Questions:
  - Tell us about a coaching situation when you spent most of your time building leadership into your players and/or staff.
  - What leadership positions do you appoint within your teams?
  - What kinds of character qualities do you expect from those leaders?
  - How would your team be affected if its leaders demonstrated the character traits from verses 6-9?

3. Summary:

- Invest your leadership skills with your staff and your team.
- Work to build their character as well as their skills in the sport.

### **Overcoming Destructive Attitudes ? Titus 1:10-16**

- Read the text aloud
- Discussion Questions:
- How do the destructive attitudes described in verses 10 and 11 appear in your game or within your team?
- How do you handle it when players begin to criticize and talk down the whole team like in verses 12 through 14?
- What does it look like when a ?pure hearted? player competes? (See verse 15)
- How is the game different for those with destructive attitudes? (See verses 15 and 16)

### 3. Summary:

- Watch out for destructive attitudes within your team.
- Deal decisively with those attitudes when they surface.
- Honor and reward the ?pure hearted? among your players and staff.

### **Coaching Winning Attitudes ? Titus 2:1-5**

- Read the text aloud
- Discussion Questions:
- Who are some coaches who do a good job of communicating values, character, attitude or wisdom?
- Who are some coaches that fit the description found in verse 2? Which traits do they exhibit?
- If there are women associated with your program, which of the characteristics in verses 3-5 do they consistently display? How are those beneficial to the team?

### 3. Summary:

- Find ways to communicate values, character, attitude and wisdom as you coach.
- Honor the women who faithfully serve your team and staff.

### **Coach with a Winning Attitude ? Titus 2:6-8**

- Read the text aloud
- Discussion Questions:
- What parts of the coaching lifestyle require one to be ?sensible?? How do you urge such sensibility in your staff?
- What are some ways you can demonstrate the following attitudes and character traits for your staff and team?
  - Good deeds.
  - Purity in teaching.
  - Dignity.
  - Sound speech.
  - Being above reproach.

### 3. Summary:

- Urge your staff to live sensibly as they work hard in coaching.
- Demonstrate winning attitudes and strong character for your staff and team.

## **The Power Source for Winning Attitudes ? Titus 2:9-14**

- Read the text aloud
- Discussion Questions:
  - Which set of people in your sport would be most like the bondslaves mentioned in verse 9?
  - How would these attitudes appear in how they approach the game and the coaching staff?
  - How important is the grace of God for living out those attitudes and behaviors?
  - How does one receive such grace from God?

### **3. Summary:**

- Receive the grace of God as a gift.
- Apply God's grace to all of your life in coaching.
- Let God's grace produce fruit in your attitudes and behavior.

## **Important Reminders ? Titus 2:15-3:2**

- Read the text aloud
- Discussion Questions:
  - What are some ways coaches can speak, encourage and correct with all authority and without being disregarded?
    - How to speak?...
    - How to encourage?...
    - How to correct?...
  - To what rulers and authorities do your teams need to be reminded to obey and to be subject?
  - How do you remind them to be ready for every good deed, to malign no one, to be uncontentious, gentle and to show consideration for all men?
  - Good deeds ?
  - Maligning no one ?
  - Being uncontentious ?
  - To be gentle ?
  - To show consideration ?

### **3. Summary**

- Remind your staff and team about their responsibilities.
- Use all means at your disposal to guide them to proper behavior and attitudes.

## **The Coach Inherits Eternal Life ? Titus 3:3-7**

- Read the text aloud
- Discussion Questions:
  - Why is it important to keep our former ways of life clearly in view? (See verse 3)
  - From verses 4 through 7, what appear to be the key elements of how God rescued us?
  - What is the result of our being rescued by Christ? (See verse 7)
  - What might you inherit as an heir of God through Christ Jesus?

### 3. Summary:

- Commit your life to Christ and receive Him as your Lord and Savior.
- Live in relationship with God as the child whom He loves.
- Realize that as God's child, you're also an heir to His limitless riches of grace.

### **Coach with Confidence ? Titus 3:8-9**

- Read the text aloud
- Discussion Questions:
  - How confidently do you speak about matters related to your sport?
  - How confidently do you speak about your faith in Christ?
  - How consistently does your confident speech lead your staff and team to good and profitable actions? How important is your confident speech to the process?
  - What are some foolish controversies that could distract your staff and team from their pursuit of achievement?

### 3. Summary:

- Coach with confidence as you lead your staff and team.
- Coach with confidence as you speak of your faith.
- Coach with confidence as you avoid foolish controversies and other distractions.

### **Coach with Discipline ? Titus 3:10-11**

- Read the text aloud
- Discussion Questions:
  - Describe for us a coach or player whom you would describe as factious or divisive.
  - How does verse 9 suggest you should deal with such a person? How would you do that within your team?
  - From verse 11, what is it that drives such a person's actions and attitudes?

### 3. Summary:

- Be alert for the divisive attitude that could arise within your team or staff.
- Act strongly in response to that attitude.
- Be aware of the root causes of such attitudes and address them directly.

### **Build your Coaching Network ? Titus 3:12-15**

- Read the text aloud
- Discussion Questions:
  - Who are your friends or mentors in coaching with whom you regularly correspond?
  - Who are some coaches to whom you'd like to direct some help, as in verse 13?
  - What are some good deeds in which to engage and some pressing needs that could be met by your team and staff?
  - What sort of fruit would be born by their doing them?

- Who are some coaches or players from your past whom you'd like to send a greeting or from whom you'd like to hear?

### 3. Summary:

- Make time to regularly correspond with your friends in coaching.
- Offer and receive help from your coaching associates.
- Look for opportunities for your team and staff to do good for those around you.

### **Bible Reference:**

Titus 3



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