

## You Are Enough

### Ready:

“Don’t be afraid, for I am with you. Don’t be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.” -- Isaiah 41:10

### Set

It was just before practice in late November, two days before our fourth game of the season.

I had joined the coaching staff in May and had just started getting comfortable with my role on the staff. Our head coach called me into his office and told me he was taking a medical leave and that I was taking over as acting head coach. My heart dropped to the floor; a million thoughts of fear and doubt crept in, and everything I knew seemingly left my head. In just 36 hours my dream of being a Division 1 head coach would be coming true, but I was focused on fear, and my confidence, gone.

Offentimes, we plan for countless hours of preparation for our dream. We have studied the playbook, we know everything about the other team and we have put in the extra hours to know the game. Yet, when God calls us, we don’t trust His timing and we lose our **confidence**. When your preparation and God’s timing meet, He wants you to lean on your faith, cast out fear and know that He is with you. He will give you the strength you need to succeed.

Jesus came to Earth and had 33 years of preparation when God called Him to die on the cross. Jesus had total confidence in God’s plan. Don’t let fear creep in when God calls you. When you have prepared yourself spiritually, you can go forth with **CONFIDENCE**.

### Go

- Has there ever been a time when you lacked confidence?
- What does it mean to have faith in God’s plan?
- What can do you regain **confidence** in Christ when fear creeps in?

### Workout

2 Corinthians 12:9; Joshua 1:9

### Overtime

“Lord, help me to have faith in Your plan for my life. Give me the ability to keep my eyes on You and not let fear creep in. Help me to not lose confidence in myself but to have confidence in You. Amen.”

### Bible Reference:

Isaiah 41:10  
2 Corinthians 12:9  
Joshua 1:9



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