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# Not Too Deaf

## Ready:

Indeed, the Lord's hand is not too short to save, and His ear is not too deaf to hear. –Isaiah 59:1

## Set

How do we pray about our sports lives? Do we regularly talk with God about each situation or just when things seem out of control? Which kind of prayer does God hear well? My answer may be surprising. It's exciting to me that God doesn't discriminate between my weakest prayers of panic and my most serene prayers of thanksgiving.

He clearly hears both. What's more, He is responsive to both with His strong arm of protection and deliverance. In today's competition, we must invite the Lord into each moment of the game. Let's pray during pre-game and ask for His help and protection; pray as the competition reaches its height, seeking His power and wisdom for excellence; pray after it's all over, giving thanks for the privilege of competing; and for the win or the loss. God is more than willing to hear about our best day or our worst moment.

### Go

- 1. What do you pray about? Situations? People? Results?
- 2. Do you regularly talk with God about each situation or just when things seem out of control?
- 3. Which kind of prayer do you think God hears well?
- 4. How can we pray on game day? For what and for whom?

### Workout

Psalms 10:17-18

### Overtime

Lord, I'm so thankful that You hear my voice when I call Your name. Please help me remember to talk to You more, giving thanks when things go well and asking for Your help when things seem overwhelming. Amen.



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