

## **Tough Decisions Don't Have to Be Hard**

n/a

### **Ready:**

"Your word is a lamp for my feet and a light on my path." ? Psalm 119:105

### **Set**

My basketball team used to sit quietly in the locker room before a game, mentally preparing for the challenge ahead. In our minds we went over and over our defensive and offensive plays, substitution patterns, scouting reports, and all things pertaining to a successful game. During one of these quiet, pregame moments, one of my starters came over to me and asked, "Coach, how do you know what to do when life presents a challenge? How do you make the right decision?"

After repenting of my initial annoyance that this key player was not focused on the upcoming game, I told him that if he would simply develop a fundamental basis for life, difficult decisions would then come more easily. This is the essence of how we approach our sport, but even more important, it's how we live the Christian life. In terms of playing ball, we drill our players with fundamentals and guide them in the skills of the sport, but it's up to the players to rely on that background to make correct decisions during the course of the game.

In the Christian life, if we are strong in our faith and if we spend time learning all that God's Word teaches, then decision making becomes less difficult because we are equipped with the foundation for making wise choices. As we practice our sports fundamentals, they become second nature. So shall be our path and our decision to follow the example of Jesus Christ.

### **Go**

1. What foundation do you rely on when facing a major decision?
2. How does the Bible guide believers into the paths of wisdom?
3. What steps can you take to deepen your faith?

### **Workout**

Extra Reading: Matthew 7:24-27; 1 Corinthians 1:18-25; 6:12-20; James 1:2-5

### **Overtime**

Heavenly Father, help us grow in Your wisdom. Grant us insights that will allow us to make wise decisions without hesitation, knowing that from You comes our strength. Only in You and Your Word do we find real peace and happiness. Amen.



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