

## You Decide

### Ready:

"Whatever you do, work at it with all your heart, as working for the Lord, not for men."

-Colossians 3:23 (NIV)

**Set** Because God gives us free choice, we get to make decisions daily, hourly, even moment by moment. Every day, every time you go to the field, court, or whatever arena you compete in, you have a decision to make: "I am going to get better today," or "I am going to get worse today." There is no middle ground.

While going through stretches, drills and even social activities involved with our teams we have new experiences every day. And with those experiences, we reinforce habits, good or bad, and become stronger or weaker players. While none of us would actually decide to get worse on a given day, many times, by our failure to make the decision to do it right--do it for the Lord--we make that choice by default.

We can take that choice and apply it to every aspect of our lives. Today, am I going to become a better Christ-follower, or am I going to become a worse Christ-follower? Regardless of the titles that you hold in your life, you can take this statement and make it apply. Today, am I going to become a better father, mother, brother, sister, friend?

Today, decide to get better. Decide to walk more closely with Christ.

**Go** 1. Do I expect more from others than I expect from myself? 2. Is the Lord pleased with the work that I am doing? 3. Am I as concerned about pleasing God as I am with pleasing someone else? 4. Am I doing Kingdom work?

**Workout** 1 Corinthians 15:57-58

Colossians 1:9-11

Colossians 3:22-24

### **Bible Reference:**

Colossians 3



**Source URL:** <http://fcaresources.com/devotional/you-decide>