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100 Character Qualities, a resource from Ed Gomes

ALERTNESS: Being keenly aware of the events taking place around me so that I can have the right responses to them.

ATTENTIVENESS: Showing the worth of a person or task by giving my undivided concentration.

AVAILABILITY: Making my own schedule and priorities secondary to the wishes of those I serve.

BENEVOLENCE: Giving to others' basic needs without expectations of personal reward. **BOLDNESS**: Demonstrating the confidence and courage that doing what is right will bring ultimate victory regardless of present opposition.

BREADTH: Having depth and broadness, in words and deeds, within the heart and mind. **BROTHERLINESS**: Exhibiting a kinship and disposition to render help because of a relationship.

CANDOR: Speaking the truth at the time when the truth should be spoken. This is done through openness, fairness and sincerity.

CAUTION: Knowing to be alert and prudent in a hazardous or dangerous situation.

CHEERFUL: Expressing encouragement, approval and/or congratulations at the proper time. **CHIVALRY**: Protecting the weak, the suffering and the neglected by maintaining justice and rightness.

COMMITMENT: Devoting myself to following up on my words (promises, pledges or vows) with action.

COMPASSION: Investing whatever is necessary to heal the hurts of others by the willingness to bear their pain.

CONFIDENCE: Placing full trust and belief in the reliability of a person or thing.

CONSISTENCY: Following constantly the same principles, course or form in all circumstances; holding together.

CONTENTMENT: Accepting myself as God created me with my gifts, talents, abilities and opportunities.

COURAGE: Fulfilling my responsibilities and standing up for convictions in spite of being afraid.

CREATIVITY: Approaching a need, a task or an idea from a new perspective.

DECISIVENESS: Learning to finalize difficult decisions on the basis of what is right, not popular or tempting.

DEFERENCE: Limiting my freedom to speak and act in order to not offend the tastes of others.

DEPENDABILITY: Fulfilling what I consented to do even if it means unexpected sacrifice. **DETERMINATION**: Working intently to accomplish goals regardless of the opposition. **DILIGENCE**: Visualizing each task as a special assignment and using all my energies to accomplish it.

DISCERNMENT: Seeking to use intuitive ability to judge situations and people; understanding why things happen to me and others.

DISCIPLINE: Receiving instruction and correction in a positive way; maintaining and enforcing proper conduct in accordance with the guidelines and rules.

<u>DISCRETION</u>: Recognizing and avoiding words, actions and attitudes which could result in undesirable consequences.

ENDURANCE: Exercising inward strength to withstand stress and do my best in managing what occurs in my life.

ENTHUSIASM: Expressing lively, absorbing interest in each task as I give it my best effort. **FAIRNESS (EQUITY)**: Looking at a decision from the viewpoint of each person involved.

FAITH: Developing an unshakable confidence in God and acting upon it.

FAITHFULNESS: Being thorough in the performance of my duties; being true to my words, promises and vows.

FEAR OF THE LORD: Having a sense of awe and respect for Almighty God which goes above and beyond anyone else or anything.

FIRMNESS: Exerting a tenacity of will with strength and resoluteness. A willingness to run counter to the traditions and fashions of the world.

FLEXIBILITY: Learning how to cheerfully change plans when unexpected conditions require it.

FORGIVENESS: Clearing the record of those who have wronged me and not holding their past offenses against them.

FRIENDSHIP: Coming alongside another person for mutual support and encouragement. **GENEROSITY**: Realizing that all I have (time, talents and treasures) belongs to God and freely giving of these to benefit others.

GENTLENESS: Learning to respond to needs with kindness, personal care and love. **GLADNESS**: Abounding in joy, jubilation and cheerfulness.

<u>GOAL-ORIENTED</u>: Achieving maximum results toward the area where my effort is directed. **GOODNESS**: Having moral excellence and a virtuous lifestyle; a general quality of proper conduct.

GRATEFULNESS: Making known to others by my words and actions how they have benefited my life.

GREATNESS: Demonstrating an extraordinary capacity for achievement.

HOLINESS: Having no blemish or stain. Being whole with no trace of regret or remorse. **HONESTY**: Proclaiming the truth with sincerity and frankness in all situations.

HONOR: Respecting those in leadership because of the higher authorities they represent. **HOPE**: Feeling that my deepest desire will be realized and that events will turn out for the best.

HOSPITALITY: Sharing cheerfully food, shelter and my life with those whom I come in contact.

HUMILITY: Seeing the contrast between what is perfect and my inability to achieve that perfection.

INDIGNATION: Channeling the driving passion of righteous anger without sinning.

INITIATIVE: Recognizing and doing what needs to be done before I am asked to do it.

INTEGRITY: Being whole and complete in moral and ethical principles.

JOYFULNESS: Knowing how to be pleasant regardless of the outside circumstances which ultimately lifts the spirits of others.

JUSTICE: Taking personal responsibility to uphold what is pure, right and true.

KINDNESS: Demonstrating a gentle, sympathetic attitude towards others.

KNOWLEDGE: Becoming acquainted with facts, truths or principles through study and

investigation.

LEADERSHIP: Guiding others toward a positive conclusion.

LOVE: Having a deep personal attachment and affection for another person.

LOYALTY: Using difficult times to demonstrate my commitment to others or to what is right. **MEEKNESS**: Yielding my power, personal rights and expectations humbly with a desire to

serve.

NARROWNESS: Staying within established boundaries and limits.

OBEDIENCE: Fulfilling instructions so that the one I am serving will be fully satisfied and pleased.

OPTIMISM: Endeavoring to see all the possibilities and capacities of the human heart; confident, hopeful and never doubtful.

ORDERLINESS: Learning to organize and care for personal possessions to achieve greater efficiency.

ORIGINALITY: Creating "new" thinking, ideas and expanding truths from an independent viewpoint.

PASSIONATE: Having an intense, powerful or compelling emotion and feelings towards others or something.

PATIENCE: Accepting difficult situations and without demanding a deadline to remove it. **PEACEFULNESS**: Being at rest with myself and others.

PERSUASIVENESS: Guiding another's mental roadblocks by using words which cause the listener's spirit to confirm the spoken truth.

POISE: Being totally balanced in mind, body and spirit.

PRAYERFUL: Communing with God spiritually through adoration, confession, thanksgiving and supplication.

PROSPERITY: Flourishing or being successful, especially pertaining to financial issues.

PRUDENCE: Exhibiting caution, humbleness and wisdom in regards to practical matters.

PUNCTUALITY: Showing respect for other people by respectfully using the limited time they have.

PURE SPEECH: Speaking words that are clean, spotless and without blemish.

PURITY: Freeing yourself from anything that contaminates or adulterates.

PURPOSEFUL: Exercising determination to stay on track until the goal is achieved.

REASONABLENESS: Having a sound mind by being level headed, sane and demonstrating common sense.

RESOURCEFULNESS: Using wisely that which others would normally overlook or discard.

RESPECT: Honoring and esteeming another person due to deep admiration.

RESPONSIBILITY: Knowing and doing what is expected from me.

REVERENCE: Learning to give honor where it is due and to respect the possessions and property of others.

<u>RIGHTEOUSNESS</u>: Acting in a moral and upright way that honors God, regardless of who is watching.

SECURITY: Structuring my life around what is eternal and cannot be destroyed or taken away.

SELF-CONTROL: Bringing my thoughts, words, actions and attitudes into constant obedience in order to benefit others.

SENSITIVITY: Being aware and attentive to the true attitudes and emotional needs of those around me.

SERVANTHOOD: Caring for and meeting the needs of others before caring for myself. **SINCERITY**: Endeavoring to do what is right, without ulterior motives.

STEWARDSHIP: Administering and managing personal and financial affairs effectively. **TEACHABILITY**: Demonstrating a willingness to learn or be trained without any reservations or hindrances.

THANKFULNESS: Expressing deep gratitude and appreciation to people and to God.

THOROUGHNESS: Executing something perfectly with the realization that each of my tasks will be reviewed.

THOUGHTFULNESS: Showing consideration for others through acts of kindness and/or words.

THRIFTINESS: Preventing not letting myself or others spend that which is not necessary. **TOLERANCE**: Learning to accept others as valuable individuals regardless of their maturity. **TRANSPARENCY**: Allowing others to shine a light on my life for the purpose of being accountable.

TRUTHFULNESS: Earning future trust by accurately reporting past facts.

TRUST or TRUSTWORTHY: Believing completely and totally in someone or something. **UNDERSTANDING**: Exhibiting strong intelligence and a sound mind in comprehending and discerning matters.

VIRTUE: Learning to build personal moral standards which will cause others to desire a greater moral life.

VISIONARY: Dreaming not inhibited by the unknown. Looking beyond problems by creating successful solutions.

VULNERABILITY: Being open to receive constructive criticism and guidance.

WISDOM: Learning to see and respond correctly to life situations with keen judgment; the application of knowledge.

WORSHIP: Honoring God reverently



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