

Competitive Focus

In sports, a competitive drive is invaluable. As athletes, our desire to win can push us to the next level. We have to have an internal desire to win if we are going to perform our best when it matters the most, no matter what our “win” might be.

Most of us think about competitiveness in the context of competing against others. If we win, others lose. Or, even worse, if they win, we lose. Personally, I believe this win-lose mindset is a competitive mistake.

Bible Reference:

Colossians 3



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