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## **Fit4Ever: Four Key Relationships**

*“The one who walks with the wise will become wise, but a companion of fools will suffer harm.”*  
– Proverbs 13:20

My mom used to tell me that idle hands always led to trouble. Maybe that's why she always tried to keep us busy. When we had nothing to do, we usually wound up misbehaving.

### **Bible Reference:**

1 John 2



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