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## **Fit4Ever: Living a Fit Life**

Last month I had a conversation with FCA President Les Steckel, who posed the following hypothetical situation.

“Jimmy,” he said, “what if I handed you the keys to a brand new car when you turned 16? How would you feel? And what if I then told you that it was the only car you would ever own and that it would have to last your entire life? Would that change the way you treated it? I bet it would. I believe it would radically change the way you took care of that car.”

### **Bible Reference:**

Hebrews 12



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