

Published on *FCA Resources* (<https://fcaresources.com>)

[Home](#) > Free to Run

Free to Run

Tucked neatly between peaks of California's San Bernardino Mountains is the quiet reservoir town of Big Bear Lake, population 5,500. It is a cozy ski resort town full of log-cabin charm, the kind of place that begs visitors to forget that the turbulence of Hollywood sits at its feet only 100 miles away.

It was in this quiet town that an Olympic quest began. U.S. marathon runner **Ryan Hall** was only 14 years old when he stared out at the lake through his parents' car window and was filled with a vision — a vision to run.



Fellowship of Christian Athletes © 2024
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL: <https://fcaresources.com/article/free-run>