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Although Grace Johnson isn't balancing on the beam anymore, the former All-American gymnast from the University of Georgia is as close to the sport as she's ever been. Only now, instead of doing handsprings herself, she's teaching others. The athletes she now coaches at the Oconee Gymnastics Center in Watkinsville, Georgia, are reaping the benefits of not only high-quality gymnastics training, but also many of the spiritual and life lessons that Johnson learned during her own time on the floor.

Bible Reference:

Matthew 6



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