

Heart of a Coach: Nate Wolf

Chosen attribute: Perseverance

Dictionary definition: "Steady persistence in a course of action, a purpose, a state, etc., especially in spite of difficulties, obstacles or discouragement."

My definition: "Honoring a commitment when it is not convenient to do so. Performing — in sport or life — at the highest possible level regardless of external conditions or internal comfort. The ability to start something well, maintain that same level throughout the competition or life situation, and finish with the same intensity with which you began."

Bible Reference:

Romans 5



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