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[Home](#) > Web Exclusive with Bill Stutz

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What most parents are finding out is that 70% of kids are dropping out of sports by the age of 13, and do you know why? According to Sports Illustrated it's because the adults who are involved, particularly their own parents, have turned the playing of games into a joyless, negative experience. Shame on us! The things that I learned about life after age 13 by playing sports is extremely invaluable.



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