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[Home](#) > Bold + Beautiful II

Bold + Beautiful II

Bold and Beautiful II is a continuation of the first Bold + Beautiful study. It is 10-session study aimed at female athletes that can be done preferably in a team or group setting.

By providing a biblical perspective on the issues faced by many female athletes; things like boldness, wisdom, beauty, worth and strength, we hope athletes will understand true beauty and how a strong and competitive spirit can be godly and feminine.

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