

## **Coach with Power, Love and Self Control**

### **Wisdom for a Young Head Coach**

Week 16

## **II Timothy 1:1-7**

### **Discussion Questions:**

- How would your coaching be changed if you were to receive more grace, mercy and peace from God? (v.2) *I'd feel less stressed, less pressured. I'd have better relationships with my staff...*
- Tell us about a coach or a player for whom you've been a mentor. *Who is watching you for direction and guidance? What is your strongest recollection of him/her? Tell a story about his/her strongest character traits.* How do you pray for him/her now? (vv.3-5) *Do you pray for his/her coaching, family, faith, and career choices...?*
- What gifts do you bring to the coaching profession that you can fan into flame? (v.6) *Is it passion, vision, understanding of the sport, motivational abilities...?*
- What happens to our team when our coaching is driven by fear? (v.7) *We become driven by a need to control everything, we withdraw from people, and we become defensive and protective of ourselves...*
- How is it different when it's full of power, love and self-control? (v.7) *We're confident of our abilities and of God's guidance. We're looking out for the other's best interest. We're under control, not being pushed around by every fear or question.*

### **Weekly Summary:**

- Ask God for more grace, mercy and peace in your life.
- Pass on to another young coach the wisdom God has given to you.
- Put away fear and coach with power, love and self-control.

### **Notes:**

- Read the bible verse aloud at the beginning.
- The questions for discussion will appear in normal text like this.
- *Suggested answers, discussion hints and follow up questions will appear in italics like this.*

### **Bible Reference:**

1 Timothy 1



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