

## **Confidence**

### **Introduction:**

In competition we will occasionally find ourselves on either side of a tremendous mismatch in which one team seems far superior to the other. This usually has a dramatic effect on the confidence levels of both teams.

Think about your team and its confidence level before a game in which it seemed like you were terribly overmatched.

### **Application:**

1. What's the greatest mismatch you've ever experienced in competition? Which side were you on: the underdog or the heavy favorite?
2. How confident were you that you'd be successful?
3. What was the outcome?

### **Bridge:**

Let's read about one of history's greatest mismatches: the underdog, David, versus the overwhelming favorite, Goliath.

*"When the Philistine started forward to attack him, David ran quickly to the battle line to meet the Philistine. David put his hand in the bag, took out a stone, slung it, and hit the Philistine on his forehead. The stone sank into his forehead, and he fell on his face to the ground. David defeated the Philistine with a sling and a stone. Even though David had no sword, he struck down the Philistine and killed him" (1 Samuel 17:48-50).*

### **Connection:**

1. What were David's weapons?
2. What can you tell about his attitude based on his actions in competition?
3. What evidence do we see of David's confidence?

### **Discovery:**

1. As you compete today, cast off any fear or intimidation you may feel regarding today's opponent.
2. Speak confidence into the hearts of your teammates by reminding them of their abilities and the attitudes and skills that have led to past victories.
3. Compete with confidence, sling your stone and slay the giant.

**Memory Verse:** *"The man who trusts in the Lord, whose confidence indeed is the Lord, is blessed."*

– Jeremiah 17:7

**Bible Reference:**

1 Samuel 17:48-50

Jeremiah 17:7

**Topic:**

Confidence

Attitude



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