

Focus on Your God

Wisdom for a Young Head Coach
Week 1

I Timothy 1:1-7

Read the text aloud.

Discussion Questions:

- To whom does Paul (the mentor) write and how does he describe their relationship? (vv.1-2) *Timothy, my true child in the faith?*
- With whom have you had or do you have a similar relationship in coaching? (v.2) Who is it? *Solicit stories of their mentors in coaching.*
- What ideas or concepts in coaching just bring on controversy rather than further our goals? (vv.3-6) *Controversial techniques for training, motivation, etc?*
- Who have you seen in coaching that acts like these men mentioned in verse 7? *Arrogant young coaches without experience, others?*
- How do coaches pursue the goal mentioned in verse 5? Related to players? *Seeking their good, not just mine?* Related to their coaching staff? *Dealing honestly and honorably?* Related to their families? *Balancing the job with family time?* When do we stray from that goal? *When we lose focus on important matters and life priorities.*

Weekly Summary:

- Thank God for your mentor in the game and in the faith.
- Focus on the things that really matter.
- Pursue the goal of love from a pure heart and a good conscience.

Notes:

- The questions for discussion will appear in normal text like this.
- *Suggested answers, discussion hints and follow up questions will appear in italics like this.*

Bible Reference:

1 Timothy 1



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