

## Hard Work

### **Discussion:**

1. How important is your work ethic to your performance as a competitor?
2. Who is to you an example of a strong work ethic? How is it seen in his/her approach to sport?
3. Let's read a couple of simple Proverbs that speak of work ethic. Proverbs 10:4, 12:24, 14:23, 22:29.
4. Which one of these best illustrates your thoughts about hard work?
5. Why would this be such an important factor for success in competition?
6. How do we lead others to build a stronger work ethic for their sport?

### **Summary:**

- Work hard as you pursue your athletic goals.
- Challenge and encourage a strong work ethic among your teammates.

### **Bible Reference:**

Luke 23



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