

## **Power, Love, and Self-Control - Chapel**

Chapel – Power, Love and Self-control

1 – To compete strongly today and throughout the season, three qualities will be required – Power, Love and Self-control.

- These are powerfully described in II Timothy 1:7 (read the text aloud).

2 – Not a spirit of fear

- We are not driven by fear.
- Fear of failure
- Fear of embarrassment
- Fear of success (with increased expectations and pressure)
- Fear of people (family, media, classmates... What will they say?)

3 – Power – the ability to do the right thing

- Capacity for good
- The capacity to make great plays
- The capacity to make good decisions
- That is power

4 – Love – seeking the team's best, even at your personal cost

- Commitment (do your job)
- Sacrifice (give yourself up)
- Encouragement (wise speech)
- Loyalty (to struggling teammates)
- That is love

5 – Self-control

- You control your emotions, not fear or anger
- You control your mind, not your opponent or the crowd
- You control your body, not outside factors

6 – For today's contest and the remainder of the season, we'll be successful if our team is characterized by power, love and self-control.

### **Bible Reference:**

1 Timothy 1



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