

## **Refreshing Friends**

### **Wisdom for a Young Head Coach**

Week 18

## **II Timothy 1:13-18**

### **Discussion Questions:**

- What did you learn from your mentor that you still hold as foundational principles for your coaching philosophy? (vv.13-14) *What were the three or four coaching points he/she always talked about? How do you guard such valuable commodities? Keep a notebook, computer program, journal, note cards...*
- Have you ever felt like you were abandoned as a coach? (v.15) *Fired without cause... Left hanging in a recruiting situation...What was the situation? Tell us the story...*
- Who has been a refreshing friend to you like Onesiphorus was to Paul? (vv.16-18) *Another coach? A friend from church? Your spouse? A player?*
- How can you be a refreshing friend to a coach who's embroiled in controversy? *Assure the person of our friendship. Spend time together. Speak well of your friend in public...*

### **Weekly Summary:**

- Guard well the foundational principles you learned from your mentor.
- Thank God for the friends that refresh our souls.
- Be a refreshing friend to your friends who may be caught in a controversy.

### **Notes:**

- Read the bible verse aloud at the beginning.
- The questions for discussion will appear in normal text like this.
- *Suggested answers, discussion hints and follow up questions will appear in italics like this.*

### **Bible Reference:**

1 Timothy 1



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