

## **Sacrifice**

### **Introduction**

Sacrifice is a painful word. It always speaks of personal loss and the choice to lay aside one's own convenience or preference for the good of others. The best teams experience sacrifice as a regular part of their lives together. Championship teams are populated by men and women who make sacrifices for their teammates and trust that the desired results will follow.

### **Application**

1. What kind of sacrifices does your sport regularly demand of you?
2. What have you sacrificed to become a part of this team?
3. How well have you been rewarded for making those sacrifices?

### **Bridge**

1. Romans 12:1-2 is a dynamic scripture for our lives in sport. It can be used to shape our views of sacrifice and the nature of worship. *"Therefore, brothers, by the mercies of God, I urge you to present your bodies as a living sacrifice, holy and pleasing to God; this is your spiritual worship."*
2. Which words describe the kind of sacrifice our bodies are to be?
3. How does such sacrifice amount to spiritual worship?

### **Connection**

1. When do you experience such living sacrifice and worship in your sporting life?
2. When do you get a sense that your athletic sacrifices are holy and pleasing to God?
3. What are some sacrifices that may be required for your team to fulfill its goals this season?

### **Discovery**

Think about what God's role is for you on your team. Is there anything He is asking you to sacrifice to fulfill this role? Make a list of potential obstacles that might hinder your sacrifice and how, with the help of Christ, you can overcome each of them.

### **Close**

Memory verse: *"Now everyone who competes exercises self-control in everything. However, they do it to receive a crown that will fade away, but we a crown that will never fade away."* – 1 Corinthians 9:25

### **Bible Reference:**

Romans 12:1-2  
1 Corinthians 9:25

**Topic:**

Sacrifice  
Teamwork



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