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To Save a Life - I Feel So Alone Study

Summary
Jake was looking at Roger's blog and realized how alone Roger felt. As he reads the blog it flashes back to how Roger felt about his life at school. Roger talks through his pain and struggle of why he felt so hopeless and alone.

Verse
"My eyes are always on the LORD, for He will pull my feet out of the net. Turn to me and be gracious to me, for I am alone and afflicted. The distresses of my heart increase; bring me out of my sufferings." - Psalms 25:15-17

Discussion Questions

1. Many students in your school have felt like Roger did. What are some of the warning signs you can look for?
2. Roger felt like he had no where to turn and no one to talk to. Why is loneliness an issue today?
3. Why do people not reach out to hurting students? How should we reach out to them?
4. Read Psalms 25:15-17. David was struggling because he felt alone. Where did he turn for help? What did David do to reach out to the Lord? Why is this act so important?
5. What can your Huddle do to connect with students like Roger? List out ideas with your group or personally share with your Huddle how to reach out to those who isolate themselves at school.

Bible Reference:
Psalms 25

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