

## Strength and Courage - Chapel

1 – Today's contest will require strength and courage for us to finish the day with a victory.

2 – Strength and courage are character qualities required for all of life and especially for competition.

- Joshua 1:9 (read the text aloud).

3 – Be strong

- Strong of mind (focus well and tune out crowd noise)
- Strong of body (prepare to finish the contest strongly)
- Strong of soul (to deal well with momentum swings)

4 – Be courageous

- Before a strong opponent (skilled, strong...)
- Before a hostile crowd (tune out distractions)
- Before difficult conditions (noise, trash talk...)

5 – Wherever you go

- You have competed well on the road
  - Game at ....
  - Game at ...
  - Game at ...
- Today in \_\_\_\_\_ let's compete strongly.

6 – The challenge for today is to:

- Be strong
- Be courageous
- Believe in your team and its destiny
- Compete like a champion and you'll be one

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### **Bible Reference:**

Joshua 1



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