

Surrendered in the Zone

Introduction

For most people in sports, the word “surrender” has a negative connotation. We don’t want to surrender anything to anyone. Yet, if we look closely we’ll see that our team gets better when we give up our rights for others to be their best.

Application

1. What have you surrendered to make your team better? What were the results?
2. How is a team impacted when a player surrenders a privilege or a convenience for the betterment of the team?

Bridge

1. Read Ephesians 3:1-7: “For this reason, I, Paul, the prisoner of Christ Jesus on behalf of you Gentiles – you have heard, haven’t you, about the administration of God’s grace that He gave to me for you? The mystery was made known to me by revelation, as I have briefly written above. By reading this you are able to understand my insight about the mystery of the Messiah. This was not made known to people in other generations as it is now revealed to His holy apostles and prophets by the Spirit: the Gentiles are co-heirs, members of the same body, and partners of the promise in Christ Jesus through the gospel. I was made a servant of this [gospel] by the gift of God’s grace that was given to me by the working of His power.”
2. What did Paul surrender for the Ephesians? How was he changed?
3. How were the Ephesians impacted because of Paul’s surrender to God?

Connection

1. How has your life in sport been changed by being a part of this team?
2. How has your sports experience been shaped by your surrender to God’s will?

Discovery

1. What parts of your life have you yet to surrender to Christ?
2. Make a commitment to completely surrender your life to God’s will, in and out of sport.

Close

Memory verse: “Brothers, I do not consider myself to have taken hold of it. But one thing I do: forgetting what is behind and reaching forward to what is ahead, I pursue as my goal the prize promised by God’s heavenly call in Christ Jesus.” Philippians 3:13-14

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Bible Reference:

Ephesians 3:1-7

Philippians 3:13-14

Topic:

Sacrifice

Teamwork



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