

Discipline

Being your best on the field takes hard work and sacrifice. That same habit of discipline can help us pursue Christ with passion!

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Devotional

Discipline

Discipline is the responsibility of a coach to his team. A well-disciplined team is more than likely to be a successful team. However, the way in...

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Devotional

The goal of every coach is to have an outstanding team, but a winning team must train

at all times, in season and out, even when it is inconvenient...

The Off Season

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Devotional

Good Habits (Excellence - Chapter 4)

Numbers. In sports, they often mean everything. Even the seemingly most inconsequential numbers can spell the difference between winning and losing...

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Devotional

As a recent high school graduate, I realize that sports are over for me. But that doesn't mean that I shouldn't still stay in shape. I have to...

Staying Fit

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Devotional

Be A Worker

My older brother Steve whooped on me on a regular basis. He was bigger, stronger, faster, smarter, and better than me in everything! We would play...



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Article

Fit4Ever: Training Aimlessly

?...I do not run like one who runs aimlessly?Instead, I discipline my body and bring it under strict control, so that after...





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Article

Fit 4 Ever: It's Time to Train

My favorite scenes from the Rocky movies are the training scenes. They are vintage Stallone ? the intensity, the discipline...



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Article

Living Inside Out

As athletes and coaches, we understand the meaning of discipline. Our lives are filled with early morning workouts and late...

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Bible Study

Excellence

Excellence doesn't always come naturally or easily. It requires a commitment to discipline and a gracious humility to be...

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Bible Study

Relentless Devotion - I Pursue Jesus

Athletes employ tremendous discipline to pursue their highest level of performance. We also employ personal disciplines as...

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Bible Study

3 Minute Drill - Shalee Lehning Video Study

Part I: <http://fcaresources.com/video/3-minute-drill-shalee-lehning-part-1>

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Bible Study

Discipline ... To Trust Him - Get Focused: Part II

Philippians 3:12-14 ? It all starts with right desires, but to press ahead we need discipline and trust in God. Great...

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Bible Study

Discipline - Chapel

Chapel ? Discipline 1 ? Today?s characteristic of Successful People and Successful Teams is Discipline. ? To achieve the...

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Audio

Daily Discipline

What we do consistently is what we will become.



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