

## Discipline

Being your best on the field takes hard work and sacrifice. That same habit of discipline can help us pursue Christ with passion!

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Devotional

### Discipline

Discipline is the responsibility of a coach to his team. A well-disciplined team is more than likely to be a successful team. However, the way in...

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Devotional

The goal of every coach is to have an outstanding team, but a winning team must train

at all times, in season and out, even when it is inconvenient...

## **The Off Season**

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Devotional

## **Be Disciplined**

Today is the birthday of Fernando Tatis. Fernando is the only player in Major league history to have hit two grand slams in...

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Devotional

## **Good Habits (Excellence - Chapter 4)**

Numbers. In sports, they often mean everything. Even the seemingly most inconsequential numbers can spell the difference between winning and losing...

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Devotional

As a recent high school graduate, I realize that sports are over for me. But that doesn't mean that I shouldn't still stay in shape. I have to...

### **Staying Fit**

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Devotional

### **Be A Worker**

My older brother Steve whooped on me on a regular basis. He was bigger, stronger, faster, smarter, and better than me in everything! We would play...

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Article

### **Fit4Ever: Training Aimlessly**

“...I do not run like one who runs aimlessly...Instead, I discipline my body and bring it under strict control, so that after...



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Article

### **Fit 4 Ever: It's Time to Train**

My favorite scenes from the Rocky movies are the training scenes. They are vintage Stallone — the intensity, the discipline...





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Article

## **Living Inside Out**

As athletes and coaches, we understand the meaning of discipline. Our lives are filled with early morning workouts and late...

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Bible Study

## **Excellence**

Excellence doesn't always come naturally or easily. It requires a commitment to discipline and a gracious humility to be...

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Bible Study

### **Relentless Devotion - I Pursue Jesus**

Athletes employ tremendous discipline to pursue their highest level of performance. We also employ personal disciplines as...

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Bible Study

### **3 Minute Drill - Shalee Lehning Video Study**

Part I: <http://fcaresources.com/video/3-minute-drill-shalee-lehning-part-1>

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Bible Study

### **Discipline ... To Trust Him - Get Focused: Part II**

Philippians 3:12-14 – It all starts with right desires, but to press ahead we need discipline and trust in God. Great...

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Bible Study

## **Discipline - Chapel**

Chapel – Discipline 1 – Today’s characteristic of Successful People and Successful Teams is Discipline. • To achieve the...

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Audio

## **Daily Discipline**

What we do consistently is what we will become.



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