

## Change Up

### **Ready:**

[Ephesians 4:22](#) You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.

### **Set**

[Hockey Chat](#): "That's how the Cup changes everything." This was the marketing message for 2008 year from the NHL, being repeated over and over about how everything in the game is elevated because of the quest for the Cup. It's gone from just playing hockey to playing for the Stanley Cup.

### **Go**

[Life Lesson](#): When we truly accept Christ into our heart, we open up to a new way of life. When we desire to live in his spirit, we shed the old ways that were self-destructive and Jesus makes us new. He purifies and molds us to be righteous in the Fathers sight. That's how Jesus' love changes everything.

### **Bible Reference:**

[Ephesians 4](#)



Fellowship of Christian Athletes © 2024  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---