

## **Days are Numbered**

### **Ready:**

"Teach us to number our days carefully so that we may develop wisdom in our hearts."

-Psalm 90:12

### **Set**

If you knew when your last practice, last game, last hoorah would be, how would it affect your situation? Many athletes have had to face this early in their blossoming careers. Men such as Bo Jackson, Darryl Stingley and many others. Would you do things differently as an athlete or coach? Brian is one such athlete who may have seen his last play. A standout safety, who walked on, earned a scholarship and now is a fifth-year senior. Last year he missed the entire season (except for the bowl game) because of ACL surgery, and he was counting on this year to be his best. On the Monday before they opened their season, Brian hurt his ankle. At first it looked like a sprain, but over time it has become much worse. Brian's football career may be over.

In God's Word, He teaches us to number our days so that we may be wise in all that we do and say. He constantly reveals to us that we are not promised tomorrow. I rarely read in God's Word accounts of people making five or 10-year plans, and I can't find any places in which a disciple asks someone, "Where do you see yourself in 10 years?" No, people back then were taught to live for Christ today because they knew it could be their last.

We are praying for Brian's recovery so that he can finish his athletic career. If not, Brian's days as a player could be over. How would you live differently if you knew when your last day, breath or hour on this earth was coming? What would you change? We need to take heed to God's Word and know that our days are numbered. One day we will stand before Him. With that in mind, live in light of Him today and everyday until you are called to your heavenly home.

### **Go**

1. Do you understand your days are numbered as an athlete or coach?
2. If you knew the end was coming, how would it change you? In sports? In life?
3. Today, how can you live in the light of Christ each moment?

### **Workout**

Deuteronomy 32:29

Psalm 39:4

Ephesians 5:15

### **Bible Reference:**

Ephesians 5



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