

## **Don't Forget**

### **Ready:**

"My son, obey my words, and treasure my commands. Keep my commands and live; protect my teachings as you would the pupil of your eye. Tie them to your fingers; write them on the tablet of your heart."

-Proverbs 7:1-3

### **Set**

Ever forget anything? Lately I have been very forgetful. I once heard the story of a man who used to tie a string around his finger to remember important things. However, once he had 10 strings on his hand, he couldn't remember what each string meant! I guess it's a little silly what people will do to try to remember things, but the point is that these things are important to them.

I was once told that if something or someone is important to you, you will remember it. I recently was in a meeting with the new FCA president, Les Steckel, and he went around the room of 15 people saying each person's name quickly and accurately. Everyone in the room was surprised by his great memory, but not Coach Steckel. He told us that he remembered each person because they were important to him.

Our verses today are great reminders for not forgetting important wisdom and advice. The proverbs encourage us to do what it takes to remember, even if it means using the old string trick (suggestion. . . only use one string). As Coach Steckel showed us, if something or someone is important, you will remember it. God's Word is important, so why do we forget it so easily? Our goal is to obey it and live in it. If we truly love Christ, we WILL remember His teachings, and they WILL be written permanently on our hearts.

### **Go**

1. Do you forget important things you need to remember?
2. Are you forgetful when it comes to Christ?
3. What can you do to start memorizing God's Word?
4. How will memorizing scripture help you?

### **Workout**

Psalm 119:9-11

Proverbs 7

Luke 11:28

1 Peter 1:22-25

1 John 2:4-6

### **Bible Reference:**

1 John 2



Fellowship of Christian Athletes © 2025  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:**<https://fcaresources.com/devotional/dont-forget>