

Don't Miss It

Ready:

?This is the day that the Lord has made; let us rejoice and be glad in it.? - Psalm 118:24

Set

If you love sports, you love that the Olympics are on TV right now. There's something really great about the idea that countries from around the world and come together to compete, but also unite, through sports. It's moments like this where we remember just how similar we all are, regardless of race, religion or nationality.

One of the coolest parts of the Olympics is the Opening Ceremony. The ceremony represents the official commencement of an Olympic Games. As mandated by the Olympic Charter, various elements frame the Opening Ceremonies of a celebration of the Olympics Games. One of these rituals is the "Parade of Nations" during which most participating athletes march into the stadium, country by country.

For an athlete, this has to be one of the best moments of the Olympics. There are literally millions of people watching you and thousands in the stands cheering for you. You're under the lights, and there's a ton of excitement in the air. Think about the biggest game you ever played in. Think about the excitement that you felt. The Opening Ceremony of the Olympics has to be 100 times better than that!

This year as the athletes entered the stadium, there was one similarity about almost every athlete, regardless of the country that was entering. Almost every athlete was on their phone or camera taking selfies.

Here they are, this great moment taking place, and instead of taking it all in through their own eyes, they took it in through their phone. So the question is, "Are they going to look back on this moment, and regret not taking it all in?"

They all took a selfie or video while they walked in because they want to share it from their social media sites to get more likes and follows. They want to be able to show their loved ones what it looked like from their perspective. But we still have to wonder if they should have spent more time enjoying it through their own eyes. Is it possible that this once in a lifetime moment was taking place and they missed it?

Do we ever do the same?

Do we get so caught up in taking selfies, posting to social media and taking videos on our phone that we forget to enjoy the experience with our own two eyes?

When's the last time you watched the sunset? I don't mean took a picture of it. I mean really sat and watched in awe of it.

When's the last time you hung out with your teammates and simply enjoyed their presence? Usually we are busy on our phones, taking pictures or videos instead of enjoying their company and thanking God for the blessing that they are in our life.

When's the last time you ... well, you get it.

Maybe today, we could all simply enjoy life. Maybe spend a little less time on our phones, a little less time on social media, and a little more time in the here and now. The present.

Let's spend time enjoying creation, enjoying our family, and enjoying the many blessings God has given us. Let's simply enjoy the beauty, the wonder, that is life.

Go

1. When is the last time you thanked God for the family and friends you have in your life?
2. What are some ways that you can put your phone down today and start to enjoy life?

Workout

James 1:17; 2 Corinthians 9:8

Bible Reference:

Psalms 118:24

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2 Corinthians 9:8



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