# **Ephesians 6:14**

## Ready:

Ephesians 6:14 Stand firm then, with the belt of truth buckled around your waist

#### Set

Hockey Chat: Have you ever tried to skate with your hockey pants around your ankles. It doesn't work. It's happened before to Marc Savardwhen during a game in Calgary when his belt broke. When your belt fails, the essential protection in your hockey pants doesn't do much good slipping down your legs will you're trying to skate. Little strap of fabric has a very important purpose.

#### Go

Life Lesson: The belt of truth is securely buckled around your waist. The truth in God's Word will hold to you so you won't stumble. Knowing God's true word helps you to walk through your everyday ordeals in life.

### **Bible Reference:**

Ephesians 6



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