

Evaluate the Team

Ready:

“Those who say they live in God should live their lives as Jesus did.” -- 1 John 2:6

Set

Before you begin to choose, take an assessment of the people around you. What do they value? Do they bow down to Jesus or an idol of the world?

When we assess the “who” in our lives, it helps us live out our “why”. We search to find “who” we should be pursuing and know what we are looking for.

Confident

Someone who knows their worth in Christ can’t help but stand firm when life’s challenges start hurling towards them. Rather than insecurely cutting others down, they build others up and encourage us to step into our own identity as God’s son or daughter and live with boldness knowing we have every spiritual blessing in Jesus. They sharpen our focus to see what matters and learn how to stand on the promises of God. A solid teammate knows his or her value and reminds you of your own God-given worth.

Loyal

To be loyal is to be unwavering in faith or support. In the New Testament, while backgrounds of believers varied in geography, culture and tradition, Jesus was always the connection that unified. A person sold out for Jesus puts Him first in every aspect of their lives—before relationships, goals, what to do and how it would look. If something doesn’t seem right when hanging with friends, she leaves because she’d rather please Jesus. If someone is mocking his faith, he stands firm on God’s Word and believes anyway. A solid teammate has your back and there’s never any doubt they want nothing but God’s best for you.

Caring

A kind heart goes a long way and gently reflects the love of Jesus. It’s the little acts of service that showcase the caring nature of someone who echoes the life of Christ and seeks the good of others. A caring friend focuses on the joy of making someone’s day better. She serves, stays after school to help a classmate who’s struggling with math or brings a meal to an elderly neighbor. He writes a note of encouragement to a friend who is struggling.

A solid teammate looks to help you when you’re hurting and point you to Christ.

As we determine the positive characteristics that form healthy relationships, it becomes easier

for us to assess whether we've got a good support system or not. And it gives us the courage to make adjustments if necessary, to best surround ourselves with dynamic spiritual teammates.

Go

- What are the top qualities you consider important when finding Christ-like friends to be around?
- Name three people you admire for their faith and list out why they stand out to you.
- Are you willing to be honest with yourself and determine if your friend group may need to change?

Workout

Proverbs 17:7; Jeremiah 17:7; Colossians 3:12

Overtime

"God, it is good to take assessment of my life, my thoughts and my actions. It is good to realign myself with Your Word, and with the life and actions of Jesus. Help me to take an honest look at my heart and talk to You about anything I'm struggling with. Please guide me in Your truth and bring others alongside me to keep pointing me to You. In Jesus's name, amen."

Bible Reference:

1 John 2:6

Proverbs 17:7

Jeremiah 17:7

Colossians 3:12



Fellowship of Christian Athletes © 2025
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909
Comments or Questions, fca@fca.org
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

Source URL:<https://fcaresources.com/devotional/evaluate-team>