

## **Fight the Good Fight**

### **Ready:**

"I have fought the good fight, I have finished the race, I have kept the faith." - 2 Timothy 4:7

### **Set**

When I'm recruiting players, one of the most important qualities I look for is fight. Fight is that one thing that serves as the axis for our team. If we do that, then we never have anything to be ashamed of. It's the one thing we can control. There will be things that will come and go; shooting percentages, adhering to a defensive scout, whatever it may be. But you *can* control how much effort you give and how hard you fight. It gives you the chance to be the best ever if you are talented, and it gives you a chance to compete even when you aren't as talented as your opponent.

Whether you're facing an illness or any sort of struggle that may come your way, fight is a way of life. That is also very true when it comes to our existence as Christians. In athletics, we coach our players to fight for loose balls or to fight through adversity on the playing field. But in the spiritual realm, we coach those within our influence to fight the good fight. We help prepare them to fight through adversities on this journey to our eternal life in Heaven.

When you talk about gritting your teeth and standing your ground, maybe nowhere is it more important than in your daily Christian walk and the moment-by-moment decisions. That means doing things that aren't always easy but what's necessary. That requires fight. That requires perseverance. And eventually, we will finish the race and be able to say, as the Apostle Paul did, we have kept the faith.

### **Go**

1. In athletic terms, how would you define the word "fight?"
2. Read 2 Timothy 4:6-8. What is the fight that Paul describes here?
3. How can you incorporate "fight" into the spiritual challenges and decisions you face daily?

**Workout** 1 Corinthians 9:24-25; Colossians 3:17-24; 1 Timothy 6:12; 2 Timothy 4:6-8  
**Overtime**

Father, thank you for giving me the strength to fight the good fight. Help me to stand against temptations and challenges that I face daily and stand up for my faith. Help me to have fight in my spiritual life. Amen.

### **Bible Reference:**

2 Timothy 4



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