

## **Focus on the Process**

### **Ready:**

"Therefore don't worry about tomorrow, because tomorrow will worry about itself. Each day has enough trouble of its own."

-Matthew 6:34

### **Set**

The 2005-06 Miami Dolphins were a team in transition. First-year head coach Nick Saban had never had a losing season as a head coach on the collegiate level, and he was determined to be a winner on the professional level. However, it appeared that Coach Saban was set to experience his first losing season as the Dolphins were shut out by the Cleveland Browns in week 10, which left them with a 3-7 record.

Later that week during a routine press conference, Saban became frustrated with some of the questions he was being asked. After the barrage of questions, Saban began to scold the media telling them that he did not care about the outcome of games and that he wanted his team to focus on the process of becoming a great team in the future. Bottom line: Saban wanted his team to focus on the preparation that would lead them to eventual victory.

This is a lot like what God asks us to do every day. So often we focus on the results of our choices before the choices are even made. God wants us to focus on every detail of the entire process.

Amazingly, after coach Saban's lengthy rant, the Miami Dolphins began focusing on the process of becoming a winning team. Miami finished strong by winning their final six games. They ended the season with a 9-7 record.

God wants us to live in the moment and make the decisions that will lead to victories in life. If we choose to focus on the process of doing things God's way, the result we are looking for will be waiting for us.

### **Go**

1. Are you focused on the process of eternal glory, or are you looking only at the finish line?
2. Where are you in your process with Christ?

### **Bible Reference:**

Matthew 6



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