

## **Following Instructions**

### **Ready:**

“The one who understands a matter finds success, and the one who trusts in the LORD will be happy.” -Proverbs 16:20

### **Set**

In every sport, coaches teach their athletes what they need to do and how they need to do it in order to have success. As believers in Christ, this is what God does for us, as well through His Word, the Bible.

A coach is never happier than when an athlete experiences success by performing in a game what they were taught to do in practice. You've seen how excited the defensive line coaches get in football—jumping up and down, head slapping, chest bumping, high-fiving his athletes the moment after they made a big sack. I think the same is true of God. But how much more joy does He have when we experience success and joy by trusting His ways and doing what we've been taught? The angels in Heaven may even be chest-bumping and high-fiving, just like the D-line coaches when this happens!

Coaches teach athletes what they need to do because they know it will benefit them as individual athletes and also bless the team with greater success. If an athlete doesn't follow the coach's instructions, their chances of experiencing success diminish greatly. Knowing what to do but not doing it rarely ends with athletic success, and the same is true spiritually. But just like athletes, when we as believers trust our eternal Coach and do what we've been taught, we will find a positive outcome in the form of God's will being done.

Today, let's keep learning, trusting and doing what we've been taught through God's Word knowing that it can make all the difference in the success we experience, both on the field and in life.

### **Go**

1. How familiar are you with God's Word? Are you familiar with your life instructions as His child?
2. Are you listening to God, learning what He wants you to know?
3. Are you trusting God, believing that what He has taught you will bless you?
4. Are you doing all the things your coach has taught you to be successful? Are you doing all the things that God has taught you to be successful?

### **Workout**

Psalm 27:11 Proverbs 3:5-6 Romans 12:2 Romans 14:18

**Bible Reference:**

Romans 14



Fellowship of Christian Athletes © 2022  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:**<https://fcaresources.com/devotional/following-instructions>