

## **Get On My Six**

### **Ready:**

Peter said to Him, “Lord, if it is You, command me to come to You on the water.” And He said, “Come!” And Peter got out of the boat, and walked on the water and came toward Jesus. But seeing the wind, he became frightened, and beginning to sink, he cried out, “Lord, save me!” - Matthew 14:28-30

### **Set**

I really look forward to my morning bike ride, but living deep in the HEAT of Texas, morning rides are a bit of a challenge. The morning humidity is usually 100%, but the evening temperature is close to, if not, 100 degrees. Plus, there doesn't ever seem to be a non-windy day and it seems to be always be a head wind. Throw in all the gentle rolling hills and my morning ride isn't as enjoyable as I would like it. Now, weekend rides are a different story. On the weekends, I usually ride with my husband. Not only is he a strong rider than me, he really enjoys the hot, humid weather in Texas, go figure. Down here, the prevailing wind is usually out of the south, so we don't hit a head wind for a few miles. But, once we do, I listen very closely for my husband to say, “get on my six”. Ahhh, my ride just got much better. The term means, “Get on my back”. I get my tire as close to his as possible and he not only blocks the wind but pulls me along our ride, even up the little rollers we come across throughout our ride.

As Christians, that's what the Lord Jesus tells us throughout our lives. When things aren't going our way, when days seem at their darkest, we don't have to fret, Jesus is right in front of us, waiting for us to “get on His six”, to climb onto His back and let Him be our guide. Unfortunately, too often our own pride will keep us from calling out to Jesus and it keeps us battling the head wind by ourselves. Christian, you can't do it alone, your Savior is waiting for you, His back is stronger than you think.

### **Go**

1. Have you ever let a teammate know that you are there for them if they ever need help?
2. When is the last time you cried out to Jesus for help?

### **Workout**

Matthew 11:28-30; Mark 4:35-41

**Bible Reference:**  
Matthew 11:28-30  
Mark 4:35-41



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