

## **Hand in Glove**

### **Ready:**

“Remain in Me, and I in you. Just as a branch is unable to produce fruit by itself unless it remains on the vine, neither can you unless you remain in Me.” -- John 15:4

### **Set**

Do you remember your first baseball/softball glove? Mine was a “genuine” Tony Taylor that I purchased when I was 8 years old. It rarely left my hand during the day, and each night I would rub it down with a generous application of saddle soap to soften the leather. To help shape the glove’s pocket, I would put a baseball in the center and pull it tight with my Sunday belt.

I knew this glove was going to make me a better player, and my confidence soared. As time passed, I learned that the glove held no magic — it was only as good as the hand that went inside.

We can easily apply this principle to our Christian lives. Without a masterful hand inside, the greatest glove cannot accomplish what it was designed to do. If we think of ourselves as baseball gloves, our ability is limited without God’s masterful hand working inside us.

Jesus said that we can’t accomplish anything unless we are connected to our heavenly Father. The challenge is in allowing God to constantly keep His hand in our lives. We must fully trust Him in every area. It’s only then that our gifts and talents can fully be used according to His will.

### **Go**

- Why do you think it can be hard to fully rely on God in your sport or in your life?
- How can you allow God to work in you as you compete?

### **Workout**

[John 3:16](#)

[Hebrews 11:1-3](#)

### **Overtime**

“Father, thank You for helping me understand that when I allow You to be the hand in my glove, You can use me to accomplish great things. Amen.”



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