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# Having a Plan

#### n/a Ready:

Many plans are in a man's heart, but the LORD's decree will prevail. — Proverbs 19:21

## Set

As coaches, we should never go into a game without a plan. We need to put our athletes in the best possible position to be successful. At Swansea High School we try to have a plan for every situation so we are not caught off guard. Planning ahead allows us to handle adversity when it hits in the form of an injury or giving up a big play. John Wooden once said, "Either you overcome adversity, or it overcomes you." The only way to overcome it is with a solid plan.

It is important for us to remember that God wants to put us in the best possible position to be successful in glorifying Him. For this reason, He has a plan for our salvation and our lives. This plan is like the rock that the wise man built his house on in Matthew 7:24–27. It will help us withstand the most severe storms.

Every team must deal with some type of storm each year, and as coaches, how our team handles them will be a reflection of what type of plan we have. In our lives, we must remember that God is sovereign and His plan is perfect, even when it does not match ours. How we handle life's storms is a reflection of our faith in His plan. **Go** 

- 1. How do I know what God's plan for my life is? Am I on track?
- 2. When has His plan been different than mine? In the end, who knew best?
- 3. How can I help my team handle adversity in competition and life?

## Workout

Extra Reading: Matthew 6:25-34; 7:24-27; 1 Peter 5:8-11

## Overtime

Lord, help me understand that You are in control and have a plan for my life. Grant me the wisdom to understand that Your plan may be different than mine at times. Give me the courage to follow where You lead. Amen.



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