

## Hear That?

n/a

### **Ready:**

*"Be silent before the Lord and wait expectantly for Him. "*

Psalm 37:7a

### **Set**

Coaches come with all types of personalities; some tend to yell more than others, while some favor a more laid-back approach. No matter their coaching technique, all have the same desire for attentive athletes.

Listening is vital in sports. If you don't listen, you don't learn. If you don't learn, you will never improve. The same is true in our walk with God. But how do you listen to a God whom few have ever heard speak?

Unlike our earthly coaches, God speaks directly into our hearts. It takes more than open ears to hear what God wants to say. We must humble ourselves and take the time to rest in His presence. When we take the initiative to stay quiet and truly listen, God can perform miracles in our relationship with Him. We may not hear God's voice, but we can feel it. We can feel His will and know His desires. All it takes is slowing down and, for a moment, not concentrating on earthly matters.

Here in this world, not listening to our coaches may result in lost playing time, running the wrong play or losing games. But refusing to listen to our heavenly Father has much more serious consequences. I challenge you today to take a few moments to remain silent in God's presence. It will only make your relationship with Him that much stronger.

### **Go**

1. Was there ever a time when you didn't listen to a coach and something bad happened as a result?
2. Are there distractions in your life that keep you from listening to God?
3. How can you rid yourself of those distractions and concentrate on God alone?

### **Workout**

Psalm 32:8

Proverbs 1:33

Isaiah 30:21

**Bible Reference:**

Isaiah 30



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