

Hungry? Why wait?

Ready:

"Blessed are those who hunger and thirst for righteousness, for they will be filled."
-Matthew 5:6 (NIV)

Set

As an athlete, I get hungry after a workout. We all do! If we don't eat, it affects everything we do. We get lazy and don't want to do anything. An average human needs to eat at least every four to five hours.

The same mindset we have for eating actual food should also be the mindset we have for taking in God's Word. His Word has to be honey to our lips and water to our souls. If we go too long without eating spiritual food we will turn to desires of the flesh to satisfy those internal needs.

You can only go so long without seeking God before you get spiritually hungry. This doesn't only refer to reading God's Word, it also can reference spending time in prayer or even listening to Christian music. Walking with God and feeling how amazing He is satisfies our cravings. You see, He created us to desire relationship with Him, and the only way to fill that desire is to seek after Him.

Today, nourish your soul with the food it was meant to receive. Let the Lord quench your thirst and fill your hunger needs.

Go

1. Are you spending enough time with the Lord?
2. Is the Lord asking you to spend more time with Him?
3. What do you need to do in order to make that happen?

Workout

John 6:35

Bible Reference:

John 6



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