

## **Impossible Is Nothing**

### **Ready:**

“Looking at them, Jesus said, ‘With men it is impossible, but not with God, because all things are possible with God.’”

-Mark 10:27

### **Set**

Team Hoyt has completed 216 triathlons, 65 marathons, 718.6 milers and 81 half marathons. The team consists of a father and a son, Rick and Dick Hoyt. For 25 years, Dick (age 65) has been racing with his son Rick (age 45). People do this stuff all the time though right? What makes their story so amazing?

Rick Hoyt was born with his umbilical cord caught around his neck, causing the oxygen supply to his brain to be blocked. At eight months, Rick was labeled as a quadriplegic with cerebral palsy. Doctors told Mr. and Mrs. Hoyt that their son would never live a normal life; but they were determined to prove them wrong.

In all of their races, Dick assists Rick. If they are running, he pushes Rick in a wheelchair. If they are swimming, he pulls him in a raft. If they are cycling, Rick will ride on the back of Dick's bike in a seat pod from his wheelchair. Without his father, it would be impossible for Rick to do these things.

In our lives, we have obstacles—things we view as impossible. We search for strength within ourselves to try and conquer them, and when that doesn't work, we question our tactics. Have you ever thought that maybe it's not how we use our own strength, but rather, whose strength we're depending on? With God's strength, anything is possible. It says so in His Word.

Today, if you can't find strength to overcome an obstacle, try re-evaluating your source.

### **Go**

1. What kind of obstacles are you facing that seem impossible?
2. What is your source of strength?
3. What are some ways your Heavenly Father can help you to conquer your obstacles?

### **Workout**

Matthew 17:14-20

Mark 9:14-27

### **Bible Reference:**

Mark 10



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