

## **Jesus Every Day**

### **Ready:**

“Every day they devoted themselves to meeting together in the temple...” – Acts 2:46a

### **Set**

About seven weeks before passing away from cancer, former North Carolina State University men’s basketball coach Jim Valvano gave a powerful speech at the 1993 ESPY Awards. In that speech, he challenged all who heard to do three things every day:

He said, “Number one is laugh. You should laugh every day. Number two is think. You should spend some time in thought. And number three is you should have your emotions moved to tears.”

Valvano followed it up by saying that if you do those things every day, it’ll be a good day, and you’ll build something special. While that is stellar advice, there is something else we need every day.

We need Jesus every day. Some people in our world don’t know what Jesus did on the cross for their sins. So, yes, they need Jesus. But as believers, we need Jesus every day, too.

After Peter’s sermon in [Acts 2](#), 3,000 people joined the Church. Every day, they gathered to listen to the Word. Every day, they were with like-minded people also walking that walk. Laughing, thinking and being moved to tears every day, as Coach Jimmy V said, can be good things. But being with the Lord every day is foundational and essential to keep going and growing.

### **Go**

- What are some things you try to do every day?
- Do you read your Bible every day? Why or why not?
- Do you talk to the Lord every day? Why or why not?

### **Workout**

[Acts 2:42-47](#)

### **Overtime**

“Father, I know You want me to seek You and spend time with You daily. Please help me to be consistent, so You and I can grow closer together. In His name, Amen.”



Fellowship of Christian Athletes © 2025  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:**<https://fcaresources.com/devotional/jesus-every-day>