

Let It Go

n/a

Ready:

“Hear me as I pray, O Lord. Be merciful and answer me!”

- Psalm 27:7

Set

Coming out of high school, Jeremy had a promising pitching career ahead of him. He went to a school close to his home and figured he would become their ace on the mound. But things didn't happen quite so easily. As Jeremy explained, “I lost it. I couldn't find the plate. I thought I was done.”

They were tough words to swallow for a rising star. He was afraid his career as a pitcher was over. Jeremy had only one place to turn.

In the Bible, we find that David knew this situation all too well. Many times in his life, David had to let go of his fears, let go of his pride, and let go of his sin in order to let God do a healing process. In these situations, David did what we all should do: He cried out to God for help.

When things in Jeremy's life got to this point, he turned to the ultimate source of all strength, comfort and understanding. He let go of his own striving and struggling to overcome and allowed God to move in and work. In the healing process of Jeremy's pride and career, God showed up big time. Not only did Jeremy return to pitching excellence, he also threw the second no-hitter in his college's history. When I asked Jeremy what made the difference, he simply said (like David inferred so many times), “I let go and let God in.” What a powerful lesson!

In all of our lives, we have areas in which we struggle to let go. Maybe it is drinking, drugs, sexual sin, pride or another area, but whatever it is, it is time for us to let go of our death grip and let God begin to give us life and victory that can only be found in Him. Really. Seriously. Let it go. It's not worth the struggle. God will bless you beyond imagination, and you will be glad you did.

Go

1. In what areas do you struggle to give God control?
2. Why is it so hard for you to do that?
3. What do you need to do today to turn it all over to Him?

Workout

Psalm 30:1-2
Psalm 118:21
1 Corinthians 15:57



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