

## **Making Good Choices**

### **Ready:**

*“Trust in the Lord with all your heart, and do not rely on your own understanding; think about Him in all your ways, and He will guide you on the right paths.” - Proverbs 3:5-6*

### **Set**

As an assistant coach, I enthusiastically like to remind my players to make good choices when they leave me for the day. Of course I want my players to make good choices in the classroom, with their diet, and on Friday nights, but there is so much more to that statement than meets the eye. Every morning we wake up with choices. These choices not only affect us, but also those whom we meet every day. We have the choice to be great or just pass through the day. We have the choice to be an impact for Christ or just simply stay quiet.

Truth be told, success in itself is a choice. I personally have never read about a successful person who did not go through trials, but they all made the choice to fight through, to have faith and never back down. One common denominator they all shared: the choice to not let failure get in the way of their pursuit of excellence. We will have failures in our lives, that is inevitable. But it is the choices we make, and not our abilities, that make us who we are.

And when it comes to good choices, we must remember that our minds and hearts can be easily deceived (Jeremiah 17:9). That is why we need to be in the Lord's presence daily, so our choices aren't just "good," but godly. God's word provides great hope, comfort and direction regarding our choices. It renews our hearts and minds so our thoughts remain in line with Christ. So, every morning, we have a choice to consciously decide if we are going to follow Him and His word. It is our choice to have faith and a relentless determination that will in turn make us great for Him.

### **Go**

1. When making a choice, with whom do you consult first? Coaches? Teammates? Christ?
2. What are some daily disciplines you choose to do every day?
3. What is something you feel called to do but have been held back by fear? What choices can you make to combat that fear?

### **Workout**

- Psalm 32:8
- Jeremiah 17:9
- Hebrews 4:12
- Joshua 24:15

**Bible Reference:**

Proverbs 3:5-6

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