

## **Motivation**

### **Ready:**

"Blessed are those who have learned to acclaim you, who walk in the light of your presence, O LORD. They rejoice in your name all day long; they exult in your righteousness."

-Psalm 89:15-16

### **Set**

During our football season, whenever we were down by a lot at halftime our coach would tell us, "You're getting outwanted. They have more will to win than you do."

Any competitor wants to win. But our coach did have a point in that some want it more than others. They tend to play harder because of their will to win. One reason desire is so important is that it motivates us in everything we do. A player can try and try to force himself to give outstanding effort, but he won't be able to keep it up for long unless the final goal of winning motivates him.

As Christians, we should always try to obey God and live as He would want us to. In order to obey, however, we must be motivated by nothing less than Him--a God so beautiful, so perfect and so good that we can't help but want to please Him. If we want to try and live true Christian lives, we must constantly be experiencing God through prayer, Scripture and fellowship with other believers.

### **Go**

1. What motivates you the most? How does it affect your life?
2. At what moments in life have you felt closest to God? How have those moments motivated or changed you?

### **Workout**

2 Corinthians 5:14-15

Galatians 2:20



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