

## **One Step at a Time**

### **Ready:**

“I gain understanding from your precepts; therefore I hate every wrong path. Your word is a lamp for my feet, a light on my path.” -- Psalm 119:104-105

### **Set**

“Practice ends when we can no longer see the ball,” was a common phrase that came out of the mouth of my soccer coach growing up. The field that we practiced on didn’t have lights, so we knew that once the sun went down practice had to be finishing soon. The last ten minutes of practice were always the hardest because you could only see a few steps in front of you and not much else. You just had to kick the ball and pray that it made its way somewhere near the player across the field. I would get so frustrated that I couldn’t get a full view of the field before I had to make my decision to pass the ball, I couldn’t see all my options or even the best path for the ball to travel. I just had to keep taking it one dribble at a time until I finally had to give up the ball and trust what I couldn’t see.

In our walk with Christ, we may not always see the full path ahead. In Psalms 119, tells us that, at times, God’s Word is simply a lamp to our feet, not a flashlight. A lamp is meant to illuminate the next few steps you take, and the light that is given to us from the Word of God ends up lighting the path we should take towards God. We have to trust that God knows and sees the full path, but we only need to see the next few steps that He has for us to follow Him. It takes trust and faith to take one step in front of another towards the path that God has for us.

### **Go**

- Think of a time when you couldn’t see how something would turn out? How did that make you feel?
- How could you live out your life trusting God with each step you take?
- None of us know the future, what do you need to let go of and trust God with?

### **Workout**

Revelation 22:5

### **Overtime**

“Lord, thank You for giving us Your Word as a lamp unto our feet. Help us not desire to know the full path but to have a trusting spirit and faith in You. Knowing that if we abide in You, that you will lead us safely down the path that You designed for us.”

### **Bible Reference:**

Psalms 119:104-105

Revelation 22:5



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