# **Our Cheerleader for Life**

# Ready:

"In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will."

-Romans 8:26-27

#### Set

To me, cheerleaders make games more exciting. They offer enthusiastic encouragement to the players and have a way of sensing when their teams needs an emotional lift. Cheerleaders also communicate with the fans and help keep the positive energy flowing in support of the team. The best cheerleaders cheer most fervently during the most pivotal moments of the game, when the outcome is in doubt or when the team is really struggling.

In life we have a cheerleader that is always there to uplift us and to inspire us during the times we need it most. Our cheerleader for life is the Holy Spirit, which becomes present in our life when we accept Jesus as our Lord and Savior.

In Romans 8:26-28 Paul writes, "In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will."

Do you need encouragement today? Learn more about the awesome power of the Holy Spirit by reading 1 Corinthinians 2:6-16.

#### Go

- 1. Do you need encouragement today?
- 2. Who needs you to be their cheerleader today?

## Workout

- 1 Corinthians 2:6-16
- 1 Thessalonians 5:11

## **Bible Reference:**

1 Thessalonians 5



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