

## **Read the Truth**

### **Ready:**

“I am the way, the truth, and the life. No one can come to the Father except through me.” --  
John 14:6

### **Set**

We all like to know the truth of things. Did I make the roster? Am I ever going to get the playing time I hope for? Does that college team want to offer me a scholarship? Am I making a difference in the lives of my players and coaching staff?

We want to sit on certainty, but oftentimes our emotions rise and fall from the answer of others. We can sway easily to one side or the other because our hope is placed on a faulty foundation. But when we flip the lens and look at where our true hope comes from--a relationship with Jesus--we can adjust our thinking to rest securely in our identity with a God who never changes.

If we want to improve our skills in our sport, it only makes sense to spend time practicing, studying the game, and taking care of ourselves to become better. In the same way, our spiritual training should be exercised if we want to grow in Christ. It's important to be in God's Word every day and hold tight to these three truths:

### **God's Word is a Road Map**

God delights in giving us the fuel we need to continue forward. The Bible has specific directions that lead to a full and everlasting life if we trust that God knows where He is taking us.

### **God's Word is an Anchor**

As the source for how we believe what we do, the Bible is a firm foundation from which we share our beliefs, find answers to the things that trouble us, and keep us confident in God's promises.

### **God's Word is a Lamp**

The more we get into Scripture, the more we begin to understand God's love and how we can apply it to our lives and relationships.

When we hold to God's Truth, the external variables don't hold as much sway on how we react because we know that God has good plans and guides our lives. We don't need to fear unknowns because God has it all under control, and we can be confident in His unchanging

Word.

## Go

- How do the opinions of others shape your view about yourself?
- How can you begin to shift your view to the truth of who you are in Christ?
- What Bible verses can you use as a road map for your life?

## Workout

Psalms 32:8; Psalm 119:105; Hebrews 6:18-19

## Overtime

“Father, thank You that my identity is not in what others say or how well I do, but solely in You. Thank You that You have given me Your Word that is an anchor, a road map, and a lamp for my soul. Help me to shine Your light in the lives of others today, so they may know Your truth too. Amen.”

## Bible Reference:

John 14:6

Psalms 32:8

Psalms 119:105

Hebrews 6:18-19



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