

## Releasing the Fear

### **Ready:**

“For we are God’s masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.” -- Ephesians 2:10

### **Set**

Have you ever felt trapped by fear? The fear of failure, not being good enough on the team or possibly not knowing enough? I know I have, and if allowed, that fear can make you second guess your purpose causing you to miss out on walking entirely and confidently in every promise God has spoken over your life.

Today, I want to invite you to change your perspective on failure. No, it is not the end, but it is your new beginning! It is no longer what if I fail; it is now what if I succeed? God desires to do exceedingly, abundantly more than you can ask or think! However, it takes you releasing fear and stepping out on faith. Seeing yourself as the unique individual God created you to be and allow Him to strengthen you as you overcome the weights of this world!

Remember David in 1 Samuel 17:38 when he went to fight Goliath? Saul tried to get him to wear his armor, but David said, “I can’t; it doesn’t fit.” God called you and equipped you just as you are for whatever “giants” are in front of you. Show up to the fight!

Remember to laugh without fear of your future and do precisely what God has called you to anyway. (Proverbs 31:25) And remind yourself of Ephesians 2:10 for we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. You are created for this!

### **Go**

- How can you challenge yourself to honor Him today with your obedience?
- Make a few goals this week to release your fear of connecting with God (set time apart by diving into His Word, start a Huddle with your local teammates or so on).

### **Workout**

2 Timothy 1:7; Psalm 34:4-5; 1 John 5:2-3

### **Overtime**

“Father, I thank You for opening my eyes and allowing me to see myself as You see me! I thank You that I am Your workmanship, and everything You have created me for will come to pass. Help in my areas of weakness and strengthen me as I overcome my fear of failure. I

trust You Lord for You know what is best for me.”

**Bible Reference:**

Ephesians 2:10

2 Timothy 1:7

Psalms 34:4-5

1 John 5:2-3



Fellowship of Christian Athletes © 2025  
8701 Leeds Road | Kansas City, MO 64129 | 800.289.0909  
Comments or Questions, [fca@fca.org](mailto:fca@fca.org)  
[Privacy Policy](#) | [Report a Problem](#) | [Copyright](#)

---

**Source URL:**<https://fcaresources.com/devotional/releasing-fear>